

# progress

PORTMARNOCK PARISH  
NEWSLETTER

TEAM MINISTRY OF  
MALAHIDE-KINSEALY-  
YELLOW WALLS-PORTMARNOCK

SEPTEMBER 2019

Vol 3: No 83

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## WEEKDAY SERVICES OF THE WORD IN PARISHES WHEN A PRIEST IS NOT AVAILABLE

Parishioners will be aware of the constraints and pressures on the priests in our grouping of parishes in the past number of months. With the reduction in the numbers of vocations to the priesthood in recent times, this situation is not likely to improve in the near future. Therefore it is a reality that it may not always be possible to have a priest available to celebrate Mass every day during the week, in each of our parishes. Nevertheless, it is important that, in each parish, we gather as a community to pray together, to listen to God's word and to offer thanks and praise to God. Diocesan guidelines suggest that best practice for community prayer at these times would take the form of a Service of the Word, a service where the main focus is on listening to the Readings of the day and praying that the word of God may come alive in our lives.



Each parish will require a team of lay people who will be trained to lead such a service, and would be available for a rota in their parish. As a first step in the training process for interested parishioners, a Workshop will be held in September to give people an overview of what a Service of the Word is, and to familiarise them with the steps involved and the content. If you are interested in exploring this further and think you might be interested in being trained for this vital role in lay ministry, please come along to the workshop. The Workshop will be held in the Carmelite Convent, Malahide on Weds 11th Sept at 7.30pm. Further Info/Questions: Mary Kirk, Pastoral Worker Malahide, 087 457 0981).



## RETIREMENT OF FR. MATTIE O'FARRELL

Fr. Mattie has retired from active ministry and will not be returning to minister in Kinsealy Parish and the wider Parish Grouping. He asks us to keep him in our prayers and to let you know that he will be fondly remembering all of us in his prayers and Masses. When all is settled in his new arrangements he will come back and visit us and looks forward to saying hello to everyone then.

*Fr. Mattie is held in fond regard by everyone and is well liked. He was a friend to all. He brought spiritual guidance and smiling faces to the lives of many people that was very much appreciated. His presence among us will be very much missed. We wish him every Blessing and contentment in his retirement and look forward to meeting him soon when he comes to visit us*

### SVP Society of St Vincent de Paul Volunteers

St Vincent De Paul urgently need volunteers **in the areas of Dublin, Wicklow and Kildare** to work in assistance with individuals and families for just once a week.

This will be for about 3 hours, day or night, (whatever suits you best). Full training and support provided

For more information Tel: 819 8405 or  
[www.SVP.ie](http://www.SVP.ie) / [volunteer@svp.ie](mailto:volunteer@svp.ie)



*We offer the sympathy of all  
parishioners to the families of*

Ann Connellan, Portmarnock Drive  
Mark Cullen, Portmarnock Crescent  
Renee Burke-Freeney, Church Avenue  
Sean Mahon, Woodford Lane

*who died recently*

## ACKNOWLEDGEMENTS

### THOMAS P MURRAY

(Blackberry Rise) Died: 13th April 2019

Rosaria, Tom, Nuala and family would like to sincerely thank our extended family, friends, neighbours and work colleagues for their kindness and support to us all during our recent bereavement.

We would particularly like to acknowledge Fr. Jimmy for his support and kindness and beautiful Mass celebration. Thank you also to Mrs. Margaret Linehan for her support and contribution to the Mass celebration.

We want to extend our appreciation to Dr. David Madden for his ongoing medical support and kindness and also to all the staff of the General ITU in Beaumont Hospital who provided wonderful care in those difficult last few days.

Finally, we would like to thank Staffords Funeral Home, Portmarnock for their professionalism and care to our family during this difficult time.

Kind Regards, Rosaria, Tom and Nuala



### FRANK DONEGAN

(Heather Walk) Died 26th April 2019

The Donegan family are sincerely grateful for the kindness and support shown to us from our friends and neighbours after the sudden loss of our Dad, with special thanks to his group at the Sands Hotel who were great friends to him since our Mam passed away. They also looked after us very well and we are very grateful for this.

Thanks also to Ned and the Funeral Team for the care and attention they gave us. A Mass will be offered.



### FERGUS McDERMOTT

(Briar Walk) Died 25th September 2018

On the first anniversary of Fergus' passing, Maria, Barry, Alison, Mark and Bryan would like to thank; all who sympathised with us on our very sad loss; all who came to our home, attended the funeral Mass and burial; Fr. Clement McManus and Fr. Conleth Meehan who celebrated the beautiful Mass; Phil and Pauline from the Parish Funeral Team and those who sent Mass and sympathy cards. We would also like to thank our wonderful friends and neighbours who supported us in so many ways. The kindness shown to us has helped us cope during the last year.

The Holy Sacrifice of the Mass has been offered for your intentions.

May Fergus rest in peace.

If you have a concern about child abuse, please contact either: DIOCESAN CHILD SAFEGUARDING & PROTECTION SERVICE (CSPS)

Holy Cross Diocesan Centre, Clonliffe College, Dublin 3. Tel 01-836 0314 (Mon to Fri: 9am—5pm)

Designated Liaison Person: Mr. Andrew Fagan, Director, Child Safeguarding and Protection Service

Deputy Designated Liaison Person: Ms. Julie McCullough, Child Protection Officer, Child Safeguarding and Protection Service

or TUSLA Office Airside: 01 870 8000 or MALAHIDE GARDA STATION: 01 845 0216 Childline: 1850 666 666 Towards Healing: Freephone 1800 303 416

Your Parish Safeguarding Representatives are: Marianne McClorey & Micheál Ó Braonáin. They are contactable through the Parish Office: 01 846 1561

## HOLY LAND

### PARISH PILGRIMAGE 2019

31st October—8 nights

Spiritual Director: Fr. Jimmy McPartland

- Direct, return flights from Dublin to Tel Aviv
- 4 nights Jerusalem—4 nights Tiberias
- Quality hotel accommodation throughout
- Daily breakfast and dinner
- Full religious programme and daily Mass
- English speaking Christian guide throughout
- Visit to the Dead Sea, the old town of Jerusalem, a boat ride on the Sea of Galilee and more!

For enquiries call Pauline on 087 629 3744



## ARE YOU HOUSEBOUND?

Would you like to receive Holy Communion on a regular basis? Would you like a visit by the priest for the First Friday each month? This can be arranged by contacting the Parish Office at 8461561.

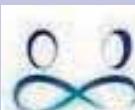
### Bethany Bereavement Support Group

The **Bethany Bereavement Support Group** provides support to bereaved people by offering them a '*listening ear*'.

If at any time, now or in the future you feel that the support of Bethany would be helpful, please contact a member of the Portmarnock support Group on 089 439 4096 or through the Parish Office on 01 846 1561.

We are trained to listen with understanding and are here to support anyone dealing with the very painful experience of grief.

For further information please contact Parish Office: **846 1561**



## PARISH COUNSELLING SERVICE

in the Parish Centre. Payment negotiated.  
By appt only. Ph: Mary Ryan 087 270 9767



## ST. PIO DEVOTIONS

in St. Anne's Church on last Friday of each month  
7.10pm Rosary 7.30pm Mass commences.  
Blessing with First Class Relic Confessions

### St. Anne's Parish, Portmarnock, Mission Statement

To create a parish in Portmarnock where people treat each other with love and compassion and work together to build up a dynamic Christian community characterised by faith, mission, worship and services

## WELCOME TO

### PORTMARNOCK PARISH

If you are new to Portmarnock, you might like to register and/or make contact with St. Anne's Parish.

Please use the Registration/enquiry form online at [www.portmarnockparish.ie](http://www.portmarnockparish.ie) and return it to the parish office - on Strand Road, Portmarnock



## A WORD FROM FR. JIMMY

Welcome back from the Summer Holidays. I hope you have enjoyed the break and are ready for the new school year. I share with you the words of wisdom below as we face the coming year together as we replace the roof of the church. We apologise for any inconvenience caused and hope you will bear with us during the duration of the works.

Please keep a listening ear at Mass on Sundays for updates and information will be made available on the Parish Website [www.portmarnockparish.ie](http://www.portmarnockparish.ie) and the weekly newsletter at Mass.

**Words of wisdom on the theme of ‘Rainbows’, future paths; we are all different but when we work together, we become united and we can create something wonderful and beautiful.**



## THE SMALLER BEATITUDES

*Blessed are you who can laugh at yourselves: you will have no end of fun.*

*Blessed are you who can tell a mountain from a molehill: you will be saved a lot of bother.*

*Blessed are you who know how to relax without looking for excuses: you are on the way to becoming wise.*

*Blessed are you who know when to be quiet and listen: you will learn a lot of new things.*

*Blessed are you who are sane enough not to take ourselves too seriously: you will be valued by those around you.*

*Blessed are you if you can take small things seriously and face serious things calmly: you will go far in life.*

*Blessed are you if you can appreciate a smile and forget a frown: you will walk on the sunny side of the street.*

*Blessed are you who think before acting and pray before thinking: you will avoid many blunders.*

**Above all:**

*Blessed are you who recognise God in all whom you meet: the light of truth shines in your life for you have found true wisdom*

**Author Unknown**

**There is nothing you must do to become lovable.**

**There is nothing that you have done in the past that makes you unworthy of love.**

**This instant you are not worthy of love but are love itself.**

**Something beautiful, something good, all my confusion God understood.**

**All I had to offer was brokenness and strife but God made something beautiful of my life.**

## CODE OF BEHAVIOUR FOR CHILDREN TAKING PART IN CHURCH RELATED ACTIVITIES

**Please can you help us implement this Code of Behaviour  
so all children may feel welcome and safe in our church and participating in the Liturgy**

- Respect yourself
- Respect others
- Be mannerly
- Take care of your own safety
- Do not use cigarettes, alcohol or drugs
- Be kind
- Never bully, exclude or engage in name calling against others either directly or through texting or social media networks
- Avoid using foul or abusive language
- Do not hit, punch or kick others
- Respect the property of others
- Do not take things without asking
- Take care of equipment and buildings
- Be tidy and put litter in the bins
- If anyone is harming or trying to harm you in any way tell an adult immediately

## My Pilgrimage to Lourdes

I had the opportunity of participating in the Parish Pilgrimage to Lourdes in July. We are all back home now but the memories remain and I would like to share them with you all.

**Thanks** The people without whose work and dedication it would not have been possible my sincere thanks: to Fr. Jimmy our Spiritual Director and Pauline Geoghegan whose organisational skills would be the envy of many an army general. She foresaw the needs we didn't even know we had and magically produced walking aids and wheelchairs to ensure everyone would be able to participate in all events.

Our days started with Mass celebrated by Fr. Jimmy. I found a special closeness to God and Our Lady particularly as we received Holy communion under both species which made every day special.

**The Blessing of the Sick** The blessing of the sick in the Underground Basilica is another life-changing experience. This occurs each afternoon at 5pm in the enormous underground Basilica. You can feel the sincerity of the prayer particularly as the priest raises the monstrance and blesses each section. Prior to this as the monstrance is exposed on the altar and with only a spotlight on it in the darkness I was transfixed until the lights came back on again. The music each afternoon was amazing – organists and trumpeters – all amazing musicians. The choir was inspiring – heavenly voices – but what was even more special was that people from the congregation were allowed to take part, providing they were present 30 minutes before the start of the ceremony in order for the conductor to work his magic – he would have to rehearse with different groups of people each afternoon, from different countries. Gabrielle and Dympna asked my granddaughter if she would like to join them in the choir as they had experience of participating in other years. ‘Glowing’ is the only way I could describe her when it was over and each day she was ready to attend without being asked. For her it was very special (see picture of the three choristers).

**Stations of the Cross** How many times do we do these during our lives particularly during Easter week? Never have I been moved or felt such a strong physical reaction in my life. The stations located a short distance from the Grotto are made from white marble—one hundred tonnes of marble from the white mountains of Carrara were used to create this Way of the Cross in 17 Stations, a monumental work by the sculptor Maria de Faykod. The figures are amazingly lifelike—see the picture showing the fourth station ‘Jesus Meets His Mother’ Fr. Jimmy led the stations but something I have never experienced before – he had Gabrielle read how Our Lady would have suffered at each ‘station’. While it may not have been totally factual anyone who has children knows the effect on a parent when a child is hurt. The suffering of Jesus – he who did nothing wrong – was unbelievable heartbreak for his mother who could not help him. This was the emotional event for me and for the first time in my life, the stations came to life.

**The Baths** in Lourdes are the hope of people looking for cures. Even if no cure takes place, we are strengthened to learn what must be borne and we are enriched.

**Bartrès** Mass was celebrated in Bartrès—the place where Bernadette received her First Holy Communion. She was not academic. Her family spoke the ‘patois’ which was a mixture of French and Basque. Before she could receive her First Communion, she had to be able to read and write in French. In the church in Bartrès there is a framed picture of one of her attempts at writing. Can you imagine how hard she had to work to achieve her dream of receiving her First Holy Communion? For those of you struggling with exams think of Bernadette who through prayer, hard work and faith has inspired generations.

The Mass that morning was specially offered for the sick and after Mass Fr. Jimmy anointed each member of the pilgrimage. After Mass we had a lovely relaxing time as we all met for coffee at the local café near the church. It was a sweltering 35 degrees so we naturally made for tables under trees. Fr. Jimmy came well prepared, see picture. Not sure if Dympna is laughing or crying at his headgear – but he was the smart one!

**Torchlight Procession** At 9.00 pm every evening the Torchlight Procession commenced. So many people were in wheelchairs I found it a very humbling experience participating as it brought home to me how blessed my life has been and how much we take for granted. The number of youth helpers was an inspiration and a hope for the future.

**Confession** There is a special building set aside for the Sacrament of Reconciliation. Every language is catered for. The ambiance in the area was very conducive to an emotional and joyful experience.

**Candle** A four-foot-high and five inches wide candle was lit in Lourdes for the intentions of our parish (see picture), especially those who had left donations before we left for Lourdes. It took David and Dick to carry it. Although we did not have much time to stay, as long as the candle remains lighting, we are leaving part of ourselves in Lourdes.

**The Pilgrims** We had a lovely group of pilgrims from our parish. We had full board in the St Saveur hotel so there were many mealtimes where the chat and friendliness were marvellous. This year it was a buffet at each meal so all tastes were catered for!

*Our Lady of Lourdes, thank you for the blessings, poignant moments we experienced through the pilgrimage.*

Mary

# TO LOURDES 2019



Group Photo of the Pilgrims



The choristers!



Kevin and Kathy displaying the Parish flag



Kevin lighting the Parish Candle which would continue lighting for many days after we returned home



**4th Station—Jesus meets His Mother**  
one of the marble stations referred to in the article



Dymphna, Rita and Fr. Jimmy trying to stay cool in Bartrès

## I am (not) scared...

As those heady days of summer dwindle, September heralds the return to school and college for thousands of children/teenagers across the country and (for many parents) a sense of the return to 'normality' and a routine of sorts. With it too comes the morning rush, standstill traffic, a quicker pace of life as well as the dreaded homework! Spare a thought for those parents watching their child leave for school for the first time or transitioning from primary into secondary school, or indeed university. This transition can cause great anxiety in some children as they try to adjust to new routines, teachers, classmates, homework, exams, the pressure not just to achieve academically but socially in afterschool and extra-curricular activities. Even teenagers can feel extremely anxious about returning to school. The fear of new teachers, of having to 'fit in' again after a prolonged summer break, of new subjects can all exacerbate their worries. However, back to school anxiety is both understandable and normal. But as GPs we are undoubtedly seeing a marked rise in children presenting to us with symptoms of anxiety out of proportion to these issues. Anxiety and fearfulness are part of normal development; however, when they persist and become generalised they can develop into socially disabling conditions and require intervention. Stress and anxiety are among the most dominant features of all conditions in child psychiatry. Approximately 6-7% of children may develop anxiety disorders and, of these, one third may be over-anxious while one third may have some phobia. Generalised anxiety disorder, childhood-onset social phobia, separation anxiety disorder, obsessive-compulsive disorder and phobia are demonstrated by a diffuse or specific anxiety predictably caused by certain situations.

### Why do children become anxious?

Numerous internal factors may be at play. These include temperament, family legacies, vulnerability to stress, external pressures such as upsetting life events (e.g. the death of a close relative, parental separation or moving house), "pushy parents" and unrealistic expectations of achievement. As a society, we have become so anxious about raising children – from attempting to safety-proof every conceivable scenario to fretting about maximising their potential – that they can't but absorb that parental anxiety. Perfectionism, a constant need to achieve, the evolution of social media all contribute to the pressure on both parents and children.

### Helpful tips to help an anxious child

Child psychologists advise that parents place more emphasis on effort rather than outcome. Building resilience and robustness in a child makes them more able to cope with and withstand the pressures of the world today. Parents sometimes forget that children are often very happy to potter and play. You may be a parent who operates quite differently, but it's important to realise that your child may get strength from spending time on their own, doing aimless activity and just being allowed to be. Your child doesn't want you to be hurried, doesn't want you to be stressed, and just wants you to spend time with them. Quite often, anxiety in children comes from parental stress, yet parents, especially if they don't recognise it in themselves, don't always make the link. Sheila O'Malley of Practical Parenting runs wellbeing workshops within companies. She notes "I am dealing with parents who are working too hard. When you're working too hard, you're stressed and you are not coming in at your best. You are a bit tetchy, a bit irritable, cranky." Becoming conscious of your own stress, anxiety and mood is the first step towards doing something about childhood anxiety. Sometimes, the starting point is as simple as taking a few deep breaths to slow down and avert a row. It is difficult for working parents to manage that transition from corporate buzz to family time the moment you walk in your front door. Within minutes of your return home, there may be temper and tears, from you as well as the children. Try to forget about putting on the dinner for a few minutes, give your child your full attention and metaphorically draw breath. Then they can toddle off to bed later feeling loved up, rather than keep looking for something they never got during the day, she explains. "It builds security, and anxiety is a lack of security," O'Malley adds. "In other words, how do you spell love? T.I.M.E."

### Other tips include

- Don't try to eliminate anxiety, do try to help a child manage it
- Don't avoid things just because they make a child anxious
- Express positive – but realistic – expectations
- Respect a child's feelings – validate them without necessarily agreeing
- Don't reinforce the child's fears
- Be encouraging
- Talk things through with your child
- Try to model healthy ways of managing anxiety

If anxiety is becoming overwhelming for you (or your child) this September be sure to see your local GP who has a wealth of information aimed at improving mental health this autumn.



*Dr. Laura's Diary is a monthly column in Progress by which I would like to inform readers about acute and chronic medical conditions and promote health and wellbeing for all Portmarnock Residents. If you have any questions, queries or comments, please email me at lauoflynn@rcsi.ie.*

**Dr. Laura**

### Did You Know?

Anxiety is having to remind myself that being afraid of things going wrong isn't the way to make things right.....



**IN THE NEWS**

A funding crisis is looming for the Fair Deal Scheme after the HSE failed to adequately budget for people living longer. The number of people waiting for a nursing home place under the Fair Deal scheme has jumped 16% in the space of just three weeks in August. It is now likely that it will need a bailout from the Government later in the year in order to deal with the growing backlog of cases. It was recently revealed that new HSE director general Paul Reid was told in briefing documents by senior officials that the Fair Deal scheme is facing a deficit of €30m by the end of this year, with less elderly people passing away in Nursing Homes than expected. Under the Fair Deal scheme every person makes a contribution to the cost of their care, based on their means and the State pays the balance. More than 23,200 people are availing of the Fair Deal scheme and its budget was increased by €24.3m to €958.8m this year.

# Religious Education and Adult Faith Courses

**Faith for Life** is an adult faith course designed to help you to discover new ways to live out your faith in the reality of today's world, within relationships, family, home, workplaces and the events of daily life. It aims to help you to be more active, open, faithful, confident, trusting and willing to work for change. The course is experienced as a journey of four 'Movements' inviting you to explore the call you received in Baptism. The process for each weekend includes teaching, personal and group reflection, prayer and liturgy. Participants are required to attend all four weekends. This course has taken place in Dublin Diocese for the past six years and is designed and delivered, through a partnership agreement between the Archdiocese of Dublin and the Archdiocese of Liverpool.

The course will take place again this year starting in October. For more information please email: [ravelle@dublindiocese.ie](mailto:ravelle@dublindiocese.ie) or [evangelisation@dublindiocese.ie](mailto:evangelisation@dublindiocese.ie)

**Pathways: Exploring Faith as an Adult:** *Pathways* is a two-year, one evening a week, Adult Faith Development course on Thursday evenings in Holy Cross College, Clonliffe Road. Late September to May (7.00– 9.30pm). Application now open for September 2019. Contact: Pathways Director, Eileen Houlahan at 01 808 7594 or [pathways@dublindiocese.ie](mailto:pathways@dublindiocese.ie) or [www.evangelisation.ie](http://www.evangelisation.ie) Early application advised.

**Courses in Pastoral Liturgy and Ministry:** The National Centre for Liturgy, St Patrick's College, Maynooth offers four Modules in the first semester of the academic year 2019-20. What is Liturgy? The Church's Year; Christian Initiation: Order of the Christian Initiation of Adults; Scripture and Liturgy – Ministers, Proclamation, Books. These modules will provide training for those who may be called upon to undertake roles of leadership in parishes, cluster of parishes and deaneries. Lectures will be held on Tuesdays and Wednesdays, morning and afternoon, beginning at 10.00am and ending at 4.00pm. For more information: Tel: 01 708 3478 or Email: [liturgy@spcm.ie](mailto:liturgy@spcm.ie) Or visit: [www.liturgy-ireland.ie](http://www.liturgy-ireland.ie)

**Study Theology in DCU:** Do you wish to study Theology in the Dublin area? Have you always wanted to pursue an MA in Theology, but have not had the time? We have a flexible part-time programme and full-time also, offered on Thursdays only. There is still time to apply for this coming academic year, which begins in late September. The application materials are to be submitted initially online. Full-time (one year) has a code of DC693 and the Part-time (two years) has a code of DC694. Please contact Dr. Joseph Rivera by email: [joseph.rivera@dcu.ie](mailto:joseph.rivera@dcu.ie) for more information visit: [www.pac.ie/main.php?inst=dc&ln=e](http://www.pac.ie/main.php?inst=dc&ln=e)



## COMPUTERS FOR THE TERRIFIED! 1 TO 1 TRAINING FOR OVER 55s

Are you frustrated by your lack of computer skills? Do you feel that the digital age has passed you by? Are you confused by well-meaning family instruction (i.e. no patience with you!)

**LEARN HOW TO:** Search the Internet. Send and receive emails. Shop and book flights. Use your own device or use computers available at some venues.

Age Action runs **beginner courses in Computers, iPads and Tablets** for older people who have little or no experience or for the absolutely terrified! Courses run once a week for 5 or 6 weeks

**ALL COURSES ARE FREE OF CHARGE**

Classes are held in venues throughout Dublin

**For more information phone (01) 475 6989**



## ADULT EDUCATION AT Portmarnock Community School AUTUMN TERM SEPTEMBER 2019

Enrolment [www.portmarnockcommunityschool.ie](http://www.portmarnockcommunityschool.ie)

Enrolment nights: Tues 10th and Mon. 16th Sept. 7:30-8:30pm  
Ph 8038069 or email [adulted@portmarnockcommunityschool.ie](mailto:adulted@portmarnockcommunityschool.ie)  
Classes take place mostly Tuesday Nights or Saturday Mornings  
Schedule subject to change.

Archery	Golf
Aromatherapy "Get Winer Ready"	Guitar (Beginners and Improvers)
Art / Painting	Gardening for Beginners
The Artist's Way – Recovering your Creative Self	Holistic Therapies Intro Course (Wed. Afternoon)
Badminton	Indian Head Massage (Sat.)
Baking: Have Fun with Baking	Italian Beginners and Improvers Courses
Ballroom Dancing (Sat.)	Keyboard (Piano) Beginners & Improvers
Barre Exercise	Mindfulness
Bridge Beginners & Improvers (Wed. 1:30pm)	Music Theory
Care of the Older Person QQI L5	Philosophy (Introductory Course)
Chinese (Mandarin)	Photography DSLR Camera
Choir for Alumni / Past PCS Students	Photography DSLR Camera Improvers (Sat.)
Clinical Somatic Movement Class	Pickleball (Monday)
Computers: Digital Skills for Citizens (Sat.)	Pilates Beginners/Improvers
Computers: Love your iPad (Sat.)	Men Only Pilate (Wed)
Cooking: Healthy Dishes from Around the World	Rejuvenate Pilates for over 65s (Wed)
Craft Beer Brewing	Pilates Pre and Post Natal (Thursday)
Creative Writing (Beginners)	Pilates for Mothers and Babies (Saturday)
Creative Writing One Day Workshop	Pottery (Sat.)
Dance: Latin in Line (Sat.)	Singing for Beginners and Improvers
Development Education	Spanish Beginners & Improvers (Tues) & Advanced Conversational (Wed.)
English as a Second Language: Preparation for Cambridge FCE and also CAE exam	Special Needs Assisting QQI L5 and L6
First Aid Responder Course	Tai Chi Beginners and Improvers (Wed.)
Fashion Design: Beginners	Tin Whistle Beginners and Improvers
French for Beginners	Ukelele
Genealogy Workshops	Volleyball (Monday & Thursday)
	Yoga (Tues.) + Pregnancy Yoga (Mon.)
	Zumba



## A Taste of Age-Friendly DCU

**Friday, September 13th 9am—4.30 pm**

**Venue: School of Nursing and Human Sciences, DCU, Glasnevin**

Are you at home, or recently retired wanting to learn something new, meet new people, and have new experiences? At Age-Friendly DCU you can engage in social, cultural, wellness and educational opportunities. Come and join us for a day in Age-Friendly DCU and be a student for a day. Wide variety of lectures to choose from....so don't be shy and give it a try!!

**All Welcome. Call Helen today at 700 6490 to book a place or register with Eventbrite.ie/Taste of DCU 2019**



# SAINT ANNE'S PARISH, PORTMARNOCK

## Statement of Accounts for the period January to December 2018

September 2019

Dear Parishioners,

Details of the parish's finances for the year January to December 2018 are shown on the opposite page. Comparative figures for the previous year are shown on outside columns.

Once again, we wish to thank you for your continued loyal financial support of your parish. The two main sources of parish income are the Family Offerings or Planned Giving and our 750 Club fundraiser. This is the only income that remains in the parish to fund the wages, light, heat and maintenance of the Church and Parish Centre, along with the small rents we receive from those who use the facilities of the Centre. Both collections at Sunday Masses, the First Collection (Common Fund) and the Share Collection, plus Christmas and Easter Dues, are not parish money but go direct to Archbishop's House, where they are used to pay the salaries of active, sick and retired priests and to fund diocesan administration.

As you can see, from the financial statements, family offerings have continued to decline. This is to be expected as the parishioners retire or relocate. Last year we appealed to those who were not contributing to the parish finances, particularly the young families and recent arrivals to the parish, to consider becoming involved and share the financial burden more evenly with their fellow parishioners. Regrettably, we had a very poor response to our appeal. Currently only around 15% of parish households are contributing, yet all people expect to use the facilities of the Church e.g. Baptisms, First Communions, Confirmations, Weddings and Funerals. If you would like to become a contributor please contact the parish office on 01 846 1561 and you will be given all the required details and help that you may need.

Christmas and Easter dues contributions have remained very strong, with the average contribution rising. We wish to express our gratitude to all those who last year increased their contributions of Dues and Family Offerings to €250 or more; this will enable the parish to claim a tax refund from the Revenue Commissioners of at least €112. The refund received during 2018 was very good; however, this covered 2 years – 2015 and 2016.

Parish Expenses were kept very low during the year as we have a very major reroofing job to start later this year. The job has gone to tender at this time and the work will hopefully be completed before Christmas. As tiles have failed twice on the roof, they are being replaced with a zinc roof which is expensive. The cost is going to seriously deplete our cash reserves. There will be more updates as the work gets underway. Holy Family site is "sale agreed" and again you will be kept fully informed of developments as they happen.

These accounts are being circulated in advance of the finalisation of the diocesan account, so they may differ slightly from the eventual accounts. Once again, we wish to thank you for your continued loyal and generous financial support and may God Bless you all.

Fr. Conleth Meehan Co-PP

Fr. Jimmy McPartland Co-PP

**SAINT ANNE'S PARISH**  
**FINANCIAL REPORT**  
**January to December 2018**

	<u>Jan – Dec 2018</u>		<u>Jan – Dec 2017</u>	
	Expenditure	Income	Expenditure	Income
<b>INCOME</b>	€	€	€	€
Family offerings		136,948		140,580
Tax rebate on above		84,133		27,371
Fundraising 750 Club		49,127		50,942
Rental Income		15,393		14,363
Shrines income		9,378		12,587
Others		<u>6,482</u>		<u>6,452</u>
		301,461		252,295
<b>EXPENDITURE</b>				
Staff salaries and other costs	64,679		80,685	
Maintenance, cleaning/gardening	47,217		89,079	
Utilities, light, heat, water and LPT	19,312		19,225	
Stationery, phones, postage, computers	19,519		18,394	
Progress magazine	7,575		7,138	
Diocesan Admin charges – IQ system	1,800		9,800	
General insurances	8,079		8,079	
Church music, Altar supplies, Mass leaflets	10,661		12,542	
Pastoral, retreat and mission costs	5,486		6,529	
Bank fees	1,830		1,457	
Other costs	<u>0</u>		<u>530</u>	
		<u>186,158</u>		<u>253,458</u>
<b>NET INCOME/-EXPENDITURE</b>				
Depreciation charge		115,303		-1,163
<b>NET PROFIT/-LOSS</b>		<u>-44,846</u>		<u>-43,901</u>
		<u>70,457</u>		<u>-45,064</u>

	<b>BALANCE SHEET</b>		
	as at 31 December 2018		
	<b>31 December 2018</b>		<b>31 December 2017</b>
	€	€	€
<b>Tangible Fixed Assets</b>			
Fixed Assets		1,768,807	1,798,862
<b>Current Assets</b>			
Cash at bank	300,998		227,570
Prepayments	<u>46,545</u>		<u>36,336</u>
	<u>347,543</u>		<u>263,906</u>
<b>Current Liabilities</b>			
Trade creditors	797		12,224
Sundry creditors and accruals	<u>31,743</u>		<u>37,191</u>
	<u>32,540</u>		<u>49,415</u>
<b>Net Current Assets</b>		<u>315,003</u>	<u>214,491</u>
<b>Net Assets</b>		<u>2,083,810</u>	<u>2,013,353</u>
<b>Charitable Fund</b>			
Charitable funds		2,013,353	2,058,417
Current year profit/-loss		<u>70,457</u>	<u>-45,064</u>
		<u>2,083,810</u>	<u>2,013,353</u>

# COMMUNITY NOTICE BOARD

## SOUTHERN CROSS FESTIVAL 2019 CHILDRENS' QUIZ WINNER



Kian Bode from Bayside, pictured here receiving his Smyth's Toys Shop Gift Voucher from Ray Crawford, a member of The Seasharps Barbershop Chorus, who performed at The Southern Cross Festival again this year. Kian successfully answered all the questions set in the

quiz. His answers varied from the name of the Irish navigator (Paddy Saul) to the price of a pig's head in 1930 (1 shilling and 6 pence).

To win, Kian had to check lots of photographs and information boards in the village. Let's hope he is setting a trend for future winners in festivals to come.



Some of the information boards which were displayed on the railings at St. Marnock's School



Meat safe (1930s  
fridge – with thanks to  
Portmarnock Men's Shed)  
complete with a pig's  
head and crubeens.



Swing Dancers with Mr.  
Gay & his City Gents  
Dixieland Jazz Band



## Portmarnock/Malahide Branch 63 UPDATE

Irish Guide Dogs have two events coming up later this year, in **November 2nd and 3rd Pet Expo in the National Show centre, Swords, and on Saturday 7th December in Malahide Castle outside of Avoca.**

Should you wish to help or know more about IGDs Portmarnock/Malahide please contact Frank Kelly, **Phone: 086 836 1456 or email frankkelly@newvent.com**

The Portmarnock/Malahide Branch of IGDs hosts on the first Thursday of each month an informal meet in the Malahide Parish Pastoral Centre, beside Malahide DART station. (Next meeting will be Thursday October 3rd 2.30 to 4.30pm.) Why not join us for a cuppa and a chat, find out about the work of Irish Guide Dogs and the hopes and dreams of our branch. This gathering is for all who have an interest in Irish Guide Dogs, with an opportunity to meet other members of IGDs, share ideas, and perhaps get the odd puppy cuddle! Tea, Coffee and biscuits will be available.



## COLIN IS NEW IKA CHAIRMAN



**The Irish Kidney Association** has recently announced the appointment of a Portmarnock man to one of its leading roles, that of National Honorary Chairman.

Colin Mackenzie first became involved with the IKA in 1999, when his wife Patricia was diagnosed with kidney failure. Patricia underwent dialysis for eight and a half years before finally undergoing a kidney transplant in 2007. Patricia is well known to parishioners of St. Anne's as she regularly plays the organ in the church and is Director of the Parish Requiem Choir and Portmarnock's award winning ICA Choir.

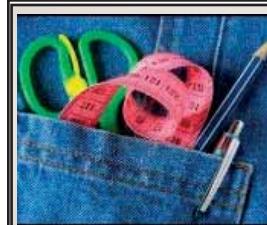
Colin has a B.Mus. Degree from Trinity College, Dublin. He also studied at UCD, the Royal Irish Academy of Music and the National College of Art. He is a former Assistant Principal at Mount Temple School where he ran a Music Department and taught there for almost thirty years. Among his many students were some members of U2, Damien Dempsey and Christy Nolan, author of the Whitbread Award-winning 'Under the Eye of the Clock' in which he wrote about his life in Mount Temple and the show he took part in, produced by Patricia and Colin. Colin says:

*"I didn't know anything about kidney failure or dialysis until Patricia was diagnosed. Her consultant at Beaumont Hospital, Professor Peter Conlan advised us to join the Kidney Association. It was a great comfort to meet other patients at different stages of their treatment. Post-diagnosis can be a lonely place as about one person in approximately a thousand is diagnosed with renal failure.*

*The Irish Kidney Association is about doing everything we possibly can for the welfare and wellbeing of kidney patients. We distribute the Donor Card which promotes all transplantation: kidneys, liver, heart, lung and pancreas. We arrange holidays, we have a sports programme, we advocate on behalf of patients and provide patient aid and counselling. Organ donations have led to an average of around one hundred and seventy kidney transplants over the past six years. Of course everything depends on organ donations, for without the donations there would be no transplants. We are indebted to donor families, who at a time of great sorrow, agree to donate their loved one's organs to save another life.*

*I would like to thank the people of Portmarnock who have generously supported our efforts and also Portmarnock Lions Club."*

Colin, with Patricia's support, looks forward to promoting and expanding the work of the IKA.



THE CRAFT CIRCLE meets 3rd Saturday every month in the Parish Centre from 10.00 am until 1.00pm. Work night—first Thursday of each month, 7.30pm - 9.30pm also in Parish Centre. You would be very welcome to come along and share your craft. For further information contact Pauline at 087 629 3744.

Citizens  
Information



Do you know what you're entitled to?  
Employment, Health Services, Social  
Welfare, Tax or Housing.  
Answers for all of life's questions. Phone 076 107 7480.  
(Malahide CIC, 2nd Floor Malahide Library Ph 845 0627)  
Legal Session last Saturday of every month 10.30 am–12.30 pm

# COMMUNITY NOTICE BOARD



## Coffee Morning

WEDNESDAYS AFTER 10.00 MASS

IN THE PARISH CENTRE

Enjoy fresh scones and tea/coffee €2

All welcome



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(for Christmas Shoe Box Appeal)

BARBIE DOLLS (WITH HAIR)

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TENNIS BALLS OR SMALL COLOURED BALLS

Please drop into 63 The Dunes

or contact Helen O'Shea at 846 2324



## BREASTFEEDING SUPPORT GROUP

run by the local HSE Public Health Nurses

Every Thursday 11.30 - 12.30 in Portmarnock Parish

Centre. Tel: 921 3601 for further information

## PORTMARNOCK, KINSEALY AND MALAHIDE “CARE AND REPAIR”

is a group of volunteers who carry out small repairs and minor tasks e.g. minor gardening, changing plugs, cleaning windows etc. for people aged 60 plus. Where a job is too big or requires a professional tradesman we have a list of people we can recommend.

For more information please contact us on  
086 865 3311

The service is FREE and we WANT to help



## BOTTLE CAPS

Ms Thomas in St. Marnock's School is collecting bottle caps for Art Installations. It would be appreciated if you would collect and send in the bottle caps to the school (*from September when school reopens*).



## CONTACT DETAILS

Society of St. Vincent de Paul  
91-92 Sean McDermott Street, Dublin 1.  
Tel. 855 0022; email: info@svp.ie



## PARENT AND TODDLER GROUP

in Teallach Áine in the Parish Centre

The Group meets every Tuesday  
morning from 10.30 am to 12.00 noon  
(except when schools closed)



## BURROW SINGERS AND MUSICIANS

We had a busy time in early Summer taking part in two Irish Masses. The first one was for Radio na Gaeltachta in Drynam—Feltrim on May 12th. Then on June 2nd (under the direction of Ian Callanan who composed the music for the Mass) on RTE 1 Television. Kim Lynch was a soloist.

We took a break for July and August and are looking forward to resuming our singing and music at the 12.00 Sunday Mass in St. Anne's Church every 2nd Sunday.

If you sing, play an instrument—violin, cello, guitar, harp, etc., we would love to have you join us. Contact no: 087 126 2941.



Burrow Singers and Musicians who joined "Music Ministry Together" on June 2nd.



## Portmarnock Pitch & Putt Club

Affiliated to the Pitch & Putt Union of Ireland

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We are located at the top of the lane behind St Anne's Church. Email: portmarnockpitchandputtclub@gmail.com



## Irish Countrywomen's Association

The Guild resumes on the 18th September with a fashion show. The Garden Party in An Grianán was a great success. Several members of the Guild attended and had a very enjoyable day with lovely sunshine.

The Choir continued to practice during the holidays with a break in July and August. As the winners of the Honor Gahan Trophy last November they have a high standard to live up to.

Our charity this year is Portmarnock's Parkinson's Association

## Historic Walk

Enjoying refreshments in the Parish Centre after the Portmarnock Community Social Initiative Historic walk to the Estuary/Golf Links Road/South Burrow areas on 26th June.

The walk was led by Portmarnock's Garry Ahern and about 40 people took part.

# PORTRUMNOCK COMMUNITY ASSOCIATION - PCA NEWS

I am writing this on the 4th August. The summer has been very nice to date with a sunny July following June where we had very high rainfall of 2.6mm per day on average. The construction of the cycleway and footpath has commenced. There will be a 3.0m wide cycleway and a 2.0m wide footpath with a strip of grass in between. It will run from Red Arches to the junction of Strand Rd and Coast Rd. There will be traffic lights at the junction of Moyne Rd. and Coast Rd. as well as at termination at the Portmarnock end. While we all welcome this development, it has taken far too long to get this essential piece of infrastructure in place. There is no reason why the remaining section which runs through the village and beyond to Malahide should not be completed in the next 2 – 3 years.

**Census 2016** I have recently been looking at the census data for Portmarnock on the Central Statistics Website (CSO). It is very simple to access all the information you filled in your census sheet for the entire village. To access follow these directions: Click on "Census 2016 Report. On the RHS of the page click on SAPMAP. Click "OK" on Census 2016 SAPMAP Viewer. Above "Census 2016 Boundaries" click on the 5th icon (find your area). Then click on dropdown arrow – "select layer". Click on "Settlements". Type in Portmarnock and then the search icon. Dialog box will appear – click on "For more information etc" and wait for all the stats.

**Sustainable Energy Community Portmarnock** We have filled in more forms and hope to get funding of €15,000 to undertake our energy Master Plan. We have a good mix of people on the committee from Engineers to Accountants, Environmental Scientists and hopefully an expert in raising finance for projects. It will be just before Christmas before we have a proposal to put to you. This change in energy usage and generation will have very wide-ranging implications apart from the obvious one of mounting solar panels on roofs. One of the main changes will be in planning and zoning for various land uses. As matters stand land use in Portmarnock is roughly one third housing, one third golf and the final third made up of environmental designations and other land uses. If we are going to be generating electricity it seems to me that our local options are solar, wind and tidal. Tidal is not yet at a point where it is economically viable. Wind requires space at sea or on land while large scale solar requires land. This means changing the zoning on some parcels of land which will likely prove to be controversial.

I attended the Climate Action Plan Town Hall meeting in Grange Community Centre, Raheny, hosted by Richard Bruton TD on the 18th July. He acknowledged that government as well as society have been paying lip service to this issue for far too long. I was heartened by the meeting. I felt that everybody is now of one mind and that things are really going to happen.

**Tidy Towns** We announced the "Tidiest Estate in Portmarnock" competition in early August. This is being sponsored by

Greyhound Household. Our aim is to get each and every estate and apartment development involved. There are some really good "front runners" but I hope everybody will enter if only to see what they need to do to improve.

The new planters at the promenade are looking very good. The flowers are growing well but I fear for them if we get a storm. I do not like the colour on the wood – we may consider painting them during the winter. Thanks to everybody for helping with the watering including the staff at the Kiosk. The bed of begonias at the corner of Strand Rd. and Golf Links Rd. looks really well. Again, our thanks are due to the staff in Jus de Vin for watering and to one of our volunteers who weeds the bed every week.

**The Village Traders** have to be congratulated on the magnificent floral display this year. The only thing worrying me is that the weight of the flowers could bring down the walls !! – only kidding.

**Our volunteers have come back to me with a request to residents.** Could everybody go out and pull the weeds on the sides of the roads and at the base of garden walls. You can do it now but the best strategy is to repeat it in late April when the weeds are small and easy to pull. The alternative is to spray them with a small spray gun – available in garden centres and hardware shops

**Welcome to Portmarnock Signs** As I write the final signs are going in. My aim was to locate the signs as near to the village boundaries as was possible. We have had a few hiccups and have had to move some but overall I think the effect is excellent.

Pat Suttle



ABOVE: Biodiversity at Robswall Park

**Contacting the PCA:** If you wish to contact the PCA on any issues in our community or volunteer for any of our committees why not call us 087 248 6287 (leave a message) or email [portmarnock1@gmail.com](mailto:portmarnock1@gmail.com). You can visit our website/Facebook at [www.portmarnock.org](http://www.portmarnock.org)



## When What We've Lost is the Run of Ourselves: A Prayer to St. Anthony

We pray to St. Anthony to find things that we've lost – keys, lottery tickets, mobile phones...the list is endless. Let us ask St. Anthony to help us find our lost faith, our lost enthusiasm, our lost hope, the loss of innocence in children, the lost centrality of prayer, the lost respect for life, the lost graces we resist, our lost sense of the need of God, our lost opportunities to forgive and to receive forgiveness.

May St. Anthony help us to recover our lost Fruits of the Holy Spirit: our lost love, joy, peace, patience, kindness, goodness, truthfulness, gentleness and self-control. May he help us also to find our lost Gifts of the Holy Spirit: our lost wisdom, understanding, courage, knowledge, right-judgement, wonder and awe in God's presence.

Let us pray also for people who are missing. May God be with them and with their families in their unspeakable anguish.

We pray for families who have lost a child in infancy, through stillbirth or miscarriage. May they find peace.

May the intercession of St. Anthony prevent us from losing the run of ourselves through the pretence, nonsense, illusion and shallow superficiality that offer empty promises of passing happiness.

Fr. John Cullen Sacred Heart Parish, Roscommon Courtesy INTERCOM Magazine

# FINGAL MATTERS

## Baldoyle to Portmarnock Cycleway

Construction has commenced on the Baldoyle to Portmarnock walking and cycling greenway. The 2.5-million-euro contract was awarded to Murphy International earlier this month by Fingal County Council. The proposed 1.8km greenway is located in the Racecourse Park and will allow cyclists and pedestrians to travel through the park parallel to the Coast road linking Baldoyle with Portmarnock. The route was designed by Atkins, designed to accommodate the coastal setting and ecology of the area and will provide a continuous pedestrian link between Baldoyle and Portmarnock and represent a major new amenity for the area. The Baldoyle to Portmarnock route is the first phase of a major initiative to provide a Greenway along the entire coastline of Fingal. The scheme is co-funded by the NTA and is due to be completed by the end of October 2019. Further phases of this project are progressing through the planning and design process.

## Fingal starts affordable housing project

Fingal County Council moves forward with its first development under the new Affordable Housing Scheme. It is aimed at making it easier for low-to middle income earners to buy a property. The Council is looking for expressions of interest from development partners for the design, construction, delivery and sale of the scheme at Dun Emer in Lusk. Director of Housing Margaret Geraghty said: "This is Fingal's first Affordable Housing Scheme to move forward and we are confident that we will be in a position to progress others in the near future." The Council has yet to publish details of eligibility and income limits. These are expected to be published over the coming months.

## Campaign to Stop Illegal Dumping

The Environment Section in Fingal County Council is currently involved in a number of antidumping campaigns to help raise awareness in relation to illegal dumping and illegal waste collectors ("Man in a Van"). Illegal waste collectors use social media and advertising sites to offer waste removal services with householders tempted by a cheap offer to dispose of waste which can then end up being dumped causing environmental pollution. A current Fingal online campaign highlights the issue of illegal waste collectors and the risk to householders of a criminal conviction and court fine up to €5,000 if your waste is found dumped by the side of a road or in the countryside. Waste handed over to unauthorised waste collectors ends up being dumped in the countryside instead of being brought to a licenced waste facility for recovery/disposal. If someone offers to take your waste for a bargain price ask to see their ID and their waste collection permit number. Check if they are an authorised waste collector through the National Waste Collection Permit Office at [www.nwcpo.ie](http://www.nwcpo.ie) If they're not on the list then they're not authorised to collect waste. If you have any queries or to report unauthorised waste collectors or dumping contact [environment@fingal.ie](mailto:environment@fingal.ie) or Tel: 1800 201093. When Fingal are made aware of a dumping incident the Litter Section search the rubbish and frequently find evidence to link the waste to a person/householder.

The person then receives a statutory €150 litter fine for breach of the Litter Pollution Act 1997 or a court appearance, a criminal conviction and a maximum fine of up to €3,000. If you have bulky items to get rid of bring them to your local recycling centre (Coolmine Recycling Centre and Estuary Recycling Centre) for recovery/disposal. Waste electrical and electronic equipment (WEEE), clothes, paper, plastic bottles, packaging and glass can be recycled free of charge. Your waste is still a valuable resource if segregated and disposed of correctly.

**Cllr. Brian McDonagh**

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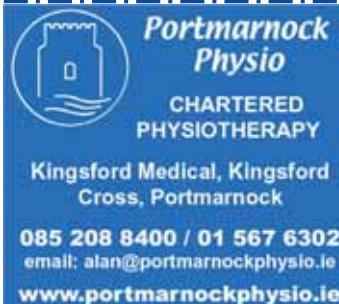
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**K & D 118 Grange Hill, Baldoyle Ind Est. D13 T6Y6  
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**m manor interiors**  
Exclusive made to measure blinds

### • FREE QUOTE • FREE MEASURING

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We accept credit card payment  
Type of blinds: rollers, verticals,  
wooden venetian, roman, velux, day  
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118 Baldoyle Industrial Estate, Dublin 13

Telephone number: 01 8395149

Opening hours: Mon-Fri: 9am-5pm, Sat: 10am-3pm  
Website: [www.manorinteriors.ie](http://www.manorinteriors.ie)

Box Ads per issue: 1 box €40  
2 boxes €70, 4 boxes €130

## ADVERTISING IN PROGRESS

Closing date 8th each month

We cannot verify the quality or workmanship of any advertiser herein and consequently we cannot be held responsible for any work done or services provided which are completely independent of Progress

### STAFFORDS FUNERAL DIRECTORS

STRAND ROAD,  
PORTMARNOCK

#### 7 DAY 24 HOUR SERVICE

PHONE: 846 2620

### MALAHIDE Dental Practice

7 Castle Terrace, Malahide  
DENTURES

New, Repaired, Relined and  
Teeth added on site.

Treatment carried out by  
Hugh Ennis CDT

Phone: 01 845 0541

[malahidedentalpractice@eircom.net](mailto:malahidedentalpractice@eircom.net)

### PORTMARNOCK FURNISHINGS

Re-upholstery Service  
New sofas and chairs, headboards

Curtains and blinds

Designer wallpapers

Free callouts, free quotations

Tel: 846 0869

Established 30 years

Support Local Business



Louise O'Reilly TD

'Working for Portmarnock...'

Constituency Office  
Coachyard House  
Unit 1, The Coachyard  
Main Street  
Swords

Clinic in The PSLC  
First & Third  
Monday of Each  
Month (Bar Bank  
Holidays)

01-8405081

Louise O'Reilly TD



Local  
Labour  
Councillor



BRIAN McDONAGH

For local issues contact

Mobile 086 385 8979

Email: brianmcdonaghlabour@gmail.com

### JAMESON PRINT

High Quality Printing

Business cards, Magazines, Brochures, Letterheads

Wedding Stationery, Tickets and Party banners

Memorial and Acknowledgment cards

Contact Chris: 086 243 7275



Volunteers required to deliver the monthly newsletter.



We have many new homes being built in the parish and we would love to have the newsletter delivered to each of these. We also need volunteers to deliver to existing areas as some of our volunteers are 'retiring' from delivering Progress. Some of our volunteers have been delivering Progress since it started—almost 400 issues ago! THANK YOU!



If you have a little time to spare each month (usually the 1st weekend of the month) we would appreciate your help. Please contact the Parish Office at 846 1561 to volunteer.

Small ads 50c per word

SMALL ADS CLOSING DATE 8TH EACH MONTH

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**JEFFREY BREEN PAINTING AND DECORATING CONTRACTOR**  
INTERIOR AND EXTERIOR, FULLY INSURED. 15 PORTMARNOCK WALK,  
PHONE 846 3826 OR 087 969 6811.

**HOME DIY SERVICES: ALAN GROGAN PAINTING AND DECORATING,**  
GARDEN MAINTENANCE, LOW MAINTENANCE GARDEN DESIGN,  
WASTE REMOVAL, HOME REPAIRS. 086 406 4369/ 846 2420.

**LOCAL DENTAL TECHNICIAN** DENTURES MADE AND REPAIRED.  
CHROME COBALT, SPORTS GUM SHIELDS, NIGHT GUARDS, TEETH  
BLEACHING KITS. COLLECTION AND DELIVERY SERVICE AVAILABLE.  
GLENN KEOGH, I.A.D.P. TELEPHONE 830 6818 / 086 834 7394.

**HEAVEN SCENT** (PORTMARNOCK FLORIST AND GARDEN SERVICES)  
PORTMARNOCK SHOPPING CENTRE, STRAND ROAD. FLOWERS FOR  
ALL OCCASIONS-PLANTS-GIFTS. TELEPHONE 803 8887.

**COUNSELLING AND PSYCHOTHERAPY** AVAILABLE LOCALLY. AREAS  
OF SPECIALITY INCLUDE DEPRESSION, ADDICTION, HEALTH ISSUES  
AND SUICIDE IDEATION. CONTACT MARIE MULLIGAN (I.A.H.I.P. ACC)  
AT 087 979 9057.

**PIANO LESSONS** BEGINNERS WELCOME. PHONE MAUREEN AT  
01-846 2315 OR 086 385 8155.

**LOCAL CHILD MINDER WANTED** TO MIND 2 GIRLS, AGED 10 & 7 IN  
THEIR OWN HOME IN PORTMARNOCK 4 AFTERNOONS A WEEK. MUST  
HAVE OWN CAR. PHONE JENNY 087 820 7207.

**COUNSELLING** PSYCHOTHERAPY, STRESS MANAGEMENT, BULLYING  
AND WORKPLACE CONFLICT. PHONE PAT (M.I.A.C.P.) AT 086 881 1417.

**MIRIAM MURPHY M.I.A.C.P.** ACCREDITED SUPERVISOR/COUNSELLOR,  
PORTMARNOCK. APPOINTMENTS 087 775 6870 OR EMAIL MIRIAM.  
MURPHY@HOTMAIL.COM.

**KIND, FULLY LICENSED DRIVER** WITH OWN TRANSPORT NEEDED  
FOR SCHOOL RUN, DROP OFFS AND COLLECTIONS BETWEEN  
PORTMARNOCK TO MALAHIDE PRIMARY SCHOOL, DAILY. RATES  
NEGOTIABLE, PLEASE CONTACT JACKIE ON 086 929 7148

**QUALIFIED GUITAR TUTOR (L.T.C.L.)** BEGINNERS TO ADVANCED  
LEVELS TAUGHT. PHONE 087 930 3379. [WWW.CLIVEMURRAYGUITAR.IE](http://WWW.CLIVEMURRAYGUITAR.IE)



## PARISH INFORMATION

Saint Anne's Church & Parish Centre,  
Strand Road, Portmarnock, Co. Dublin.  
Phone 846 1561

email: [stannes@portmarnockparish.ie](mailto:stannes@portmarnockparish.ie)  
[www.portmarnockparish.ie](http://www.portmarnockparish.ie)

**Parish Office** (in Parish Centre) Open 9.00 am to 5pm, Mon to Fri. Signed Mass cards (including Irish text) available, arrange baptisms, get baptism/confirmation certificates, Freedom to Marry forms, book rooms in Parish Centre etc.

**Parish Secretaries** Margaret Corcoran and Gabrielle Moore.

**Anniversary Masses** All weekend Masses are 'shared'. Call or phone the Parish Office to book Masses.

**Confessions** Saturdays after 6.30 pm Mass.

**Baptisms** are held on the 1st Saturday at 12.00 noon and on 3rd Sunday at 1.30 pm. Preparation Meeting for parents and godparents held usually on last Wednesday of each month in Parish Centre. See more details on website or contact Parish Office.

**Marriage** please see website for important information on church and state requirements or contact Parish Office.



## Our Parishes Working Together

TEAM MINISTRY OF MALAHIDE-KINSEALY-YELLOW WALLS-PORTMARNOCK

**PORTMARNOCK:** St. Anne's Church, Strand Road, Portmarnock. Parish Office - 846 1561.

**Fr. Jimmy McPartland**, Co-PP, St. Anne's Parochial House, Strand Road, Portmarnock. Phone - 552 1563..

**Fr. Conleth Meehan**, Co-PP, contact through the Parish Office - 846 1561

**MALAHIDE:** St. Sylvester's Church, Main Street, Malahide. Parish Office - 845 1244

**Moderator: Fr. Kevin Moore**, address as above. Phone - 549 6615.

**YELLOW WALLS:** Church of the Sacred Heart, Estuary Road, Malahide. Parish Office - 845 4783.

**Fr. Martin Noone**, 7 Seabury Drive, Malahide Phone - 845 1902.

**KINSEALY:** St. Nicholas of Myra, Kinsealy. Phone - 846 0028



## BAPTISMS

**Congratulations to the families  
of the following children who  
were baptised recently**

Anna Rose Benson, Coopers Wood, Kinsealy  
Darragh Michael Bourke, Ardilaun  
Liam Michael Lenihan, The Walk, St. Marnock's Bay  
Justin Lucky, Grattan Wood, Balgriffin  
Alex Jack Malone, Carrick Court  
Finn Strnadel, Coopers Wood, Kinsealy  
Leon Patrick Colreavy, Station Road  
Joey Peter Higgins, Carrickhill Road  
Orlaith Jane Kavanagh Doyle, Station House, Seabrook Manor  
Clara Emily McDonnell, The Drive, St. Marnock's Bay  
Mya Neville, The Drive, Station Manor  
Katie Grace O'Sullivan, Ardilaun  
Evie Anna Carey, Carrickhill Rise  
Anna Patricia Carlos Flores, Millfield, The Links  
Jack Gannon, Kelvin Close  
Michael James Kenny, Blackberry Rise  
Robert Joseph Hsien Hao, Drummigh Wood  
Cullen Philip Mills, The Drive, St. Marnock's Bay  
Tadhg John Mills, The Drive, St. Marnock's Bay  
Nina Joanna Niemczyk, Millstream, The Links  
Aoibhinn Patricia Brennan, The Walk, St. Marnock's Bay  
Callie Nancy Byrne, Strandmill Avenue  
Sophia May Canavan, Kinsealy Court  
Luke James Power, Balgriffin  
James Lawrence Joseph, Reale, Dal Riada

## DIARY DATES

SEPT	Tues 10	Enrolment for Adult Educ Community School	7
	Wed 11	Workshop re Weekday Services	1
	Fri 13	A Taste of Age-Friendly DCU	7
	Mon 16	Enrolment for Adult Educ Community Sch	7
	Wed 18	ICA resumes	11
	Fri 27	St. Pio Devotions	2
	Sat 28	Citizens Information Legal Session	10
OCT	Thurs 3	Irish Guide Dogs Meeting	10
	Thurs 31	Pilgrimage to the Holy Land	2
NOV	Sat/Sun 2/3	Irish Guide Dogs at Pet Expo Swords	10

## ADORATION TIMES AND OTHER DEVOTIONS

### ADORATION OF THE BLESSED SACRAMENT

Shalom Room—St. Anne's Parish Centre, Portmarnock



#### DAYTIME

MON TO FRI 9.00am - 4.50 pm / SAT 10.00am — 1.00pm  
(MON 3.00 - 4.00pm — Divine Mercy Group)

#### EVENING

please check with Parish Office - or check website for the return dates for these prayer groups in September

**MON 7.00 -8.00 pm; Monday night Prayer Group 8.00 -9.30 pm**

**TUES 7.00 -9.50 pm**

**WED 7.00 -8.00pm; John Main Meditation Group 8.00 -9.00pm (all welcome)**

**THURS 7.00 -8.00pm; 8.00 -9.15pm. Prayer Group.**  
A time and space put aside for God each week.  
Gospel Reading, Personal Sharing. (all welcome)

#### OTHER DEVOTIONS

##### Legion of Mary

Weekly meetings are held on Wednesdays at 10.40am  
New members welcome

##### LAST FRIDAY OF EACH MONTH—St. Pio Devotions

7.00 pm in St. Anne's Church (Mass commences at 7.30 pm)

## MASS TIMES IN OUR GROUPING

MASS TIMES	CHURCH	WEEKDAYS (subject to availability of priests)
<b>Saturday 6.00pm</b>	Yellow Walls	<b>Convent</b> 8.30 am Mon to Fri 9.00 am Sat
<b>Saturday 6.30pm</b>	Portmarnock	<b>Yellow Walls</b> 9.30 am Mon, Tues, Thurs, Fri
<b>Sunday 9.00am</b>	Carmelite Convent	<b>(Wed Svce of Word)</b>
<b>Sunday 10.00am</b>	Malahide	<b>Kinsealy</b> 10.00 am
<b>Sunday 10.30am</b>	Portmarnock & Yellow Walls (Family Masses)	<b>Weds &amp; Fri</b>
<b>Sunday 11.00am</b>	Kinsealy	<b>Malahide</b> 10.00 am Mon to Sat
<b>Sunday 11.15am</b>	Malahide	<b>Portmarnock</b> 10.00 am Mon to Fri
<b>Sunday 12.00 noon</b>	Portmarnock & Yellow Walls	
<b>Sunday 12.30pm</b>	Malahide	
<b>Sunday 5.30pm</b>	Malahide	